

# COVID-19 INFO SHEET FOR DONORS



Patient and donor safety is our top priority. Donation is time-sensitive; any delay can have a negative impact on the recipient's wellbeing. It is imperative you keep yourself healthy during this time leading up to your donation. Be The Match wants you to stay safe and healthy throughout the donation process, and beyond.



## IN THE DAYS AND WEEKS LEADING UP TO YOUR DONATION DATE:

- Practice social distancing by avoiding or limiting face-to-face social interactions. This is one of the most effective ways to reduce your risk of contracting COVID-19.
- Always wear a mask when you can't social distance.
- Use good hygiene practices to keep yourself safe and free of infection, including frequent hand washing and use of hand sanitizer.
- Avoid using public transportation when possible. Your workup coordinator may be able to assist with this, so please ask if you need help arranging transportation.
- Avoid interactions with anyone who may be sick, regardless of whether they think they may have contracted COVID-19 or a different infection.
- If you have knowingly been exposed to someone who has tested positive for COVID-19, contact your coordinator immediately.
- Expect to be tested for COVID-19 in the days leading up to your donation and/or potentially on the day of your donation.
- **If at any point you develop symptoms**, contact your coordinator immediately for guidance.

**If you are tested for COVID-19, contact your coordinator immediately, even if you don't have results yet.**



## WHEN TRAVELING FOR YOUR DONATION (FOR YOU AND ANY COMPANIONS ACCOMPANYING YOU):

- Continue to practice social distancing, good hygiene, and always wear a mask when in public.
- If you are traveling away from home to your donation, utilize room service or delivery options for meals. Your coordinator can help you find local options prior to your departure.
- Avoid using public transportation while traveling when possible. Your coordinator can assist you with this.



## ON THE DAY OF DONATION:

- You may be tested on the day of your donation, testing requirements vary by donation site. If you have concerns about this, contact your coordinator prior to your donation date to help you understand testing requirements for your donation site.
- Use a private car or taxi to travel to the donation site. Your coordinator can assist you with this.



## FOLLOWING DONATION:

- Please continue to practice social distancing, good hygiene, and wear a mask when in public places.
- Notify your coordinator immediately if you are diagnosed with COVID-19 within one month following your donation.



## COORDINATOR CONTACT INFORMATION:

Name: \_\_\_\_\_  
Email: \_\_\_\_\_  
Phone Number: \_\_\_\_\_